

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER / SUPPLIER / CLIA IDENTIFICATION NUMBER <b>145881</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED <b>10/02/2020</b>
NAME OF PROVIDER OF SUPPLIER <b>UPTOWN HEALTH CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP <b>4920 NORTH KENMORE CHICAGO, IL 60640</b>	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		
F 0677  <b>Level of harm</b> - Minimal harm or potential for actual harm  <b>Residents Affected</b> - Few	<b>Provide care and assistance to perform activities of daily living for any resident who is unable.</b> <b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> Based on observation, interview and record review, the facility failed to provide shower, nail and facial hair care to three residents (R1, R3 and R8) out of 8 residents reviewed for activities of daily living in a total sample of 8 residents. Findings include: On 10/2/2020 at 11:00 am during facility rounds, R1 was observed sitting in his motorized wheelchair in the activity room. V1 (Director of Nursing) stated that he finally went to the foot doctor a few weeks ago and will go back again on November 2. R1 stated that his toenails have not been trimmed since February or March, it was really hurting and it's because the facility did not allow the facility podiatrist to go inside the building. V1 also stated that sometimes he still doesn't get his showers, and is being told by staff that they are too busy and that this happened last week again when he didn't get his shower. On 10/2/2020 at 11:50 am, during rounds with V2 (Nurse Supervisor), R8 was observed with facial hair; dry and scaly feet; long, overgrown, thickened toenails. R8 stated I haven't had a shower since I got transferred from 4th floor. I think it's been 2 months from my last shower. I would really love to get a shower. Yes, my toenails need to be trimmed. I think the podiatrist used to come once a month but not anymore. Brief Interview for Mental Status (BIMS) dated 7/7/2020 score was 12/15 which indicate mild cognitive impairment. Minimum Data Sheet (MDS) dated [DATE] documents that R8 needs extensive assistance with personal hygiene and showers. Review of medical records show that the last time toenails of R8 were trimmed by the podiatrist was on 1/27/2020. Facility did not provide any shower sheets for R8. On 10/2/2020 at 11:55 am during rounds with V2 (Nurse Supervisor) R3 was observed with facial hair; long, overgrown, thickened toenails and very long fingernails. R3 stated I don't want my fingernails to be this long, I want them clipped but I need help. My toenails hurt. I am getting my showers. I also want my toenails to be trimmed. BIMS dated 7/14/2020 score was 15/15 which indicate patient is not cognitively impaired. MDS dated [DATE] documents that R3 needs extensive assistance with personal hygiene and showers. Review of medical records show that the last time toenails of R3 were trimmed by the podiatrist was on 11/25/2019. Facility did not provide any shower sheets for R3. On 10/2/2020 at 11:25 am, V2 stated that residents receive two showers per week and whenever they request one and that the aides are supposed to fill up shower sheets to document that they have given the shower. On 10/3/2020 at 4:08 PM, V1 (Director of Nursing) stated I did not find a policy for Activities of Daily Living. But staff should be providing any assistance to all residents as needed. Facility did not present any shower sheets for R1, R3 and R8. Facility presented an undated document titled Shower which documents in part: POLICY: Resident shall receive two showers per week or as demand necessary. To provide proper hygiene and to maintain highest level of skin integrity.		
F 0687  <b>Level of harm</b> - Minimal harm or potential for actual harm  <b>Residents Affected</b> - Some	<b>Provide appropriate foot care.</b> <b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> Based on observation, interview and record review, the facility failed to ensure that residents receive proper treatment and care to maintain mobility and good foot health to five residents (R1, R2, R3, R4 and R5) out of 5 residents reviewed for foot care. Findings include: 1. On 10/2/2020 at 11:00 am, R1 was observed in the activity room sitting in his motorized wheelchair. Toenails and fingernails are short and clean, Elbow has no rash, and wheelchair is in good working condition. R1 stated I bumped my left elbow in my wheelchair back in March, I had a rash but they didn't do anything about it. My wheelchair is fixed now but it is too slow. I want it to be faster. I reported to the case manager but she quit already. My toenails were just clipped a few weeks ago, I went to the foot doctor. It was very long and was very painful and they didn't let the foot doctor come into the building since March. R1 was admitted to the facility on [DATE]. His medical history includes Type 2 Diabetes Mellitus, [MEDICAL CONDITION], and [MEDICAL CONDITION] following [MEDICAL CONDITION]. Asthma, [MEDICAL CONDITIONS], Anxiety Disorder, and [MEDICAL CONDITION]. Brief Interview for Mental Status (BIMS) dated 9/21/20 score was 15/15 which indicate no cognitive impairment. Review of medical records show that the last time toenails of R1 were trimmed by the facility podiatrist was on 2/10/2020 and on 8/30/20 when R1 went out for an appointment with a different podiatrist. 2. On 10/2/2020 at 11:43 AM, during rounds with V4 (Licensed Practical Nurse) R2 was observed with long, overgrown, thickened toenails. R2 stated The last time my toenails were trimmed was about 7 months ago and it's really painful now. I am not getting showers, they just give me bed baths. Brief Interview for Mental Status (BIMS) dated 9/9/20 score was 14/15 which indicate patient is not cognitively impaired. Review of medical records show that the last time toenails of R2 were trimmed by the podiatrist was on 2/10/2020. Facility did not provide any shower sheets for R2. 3. On 10/2/2020 at 11:55 AM, during rounds with V2 (Nurse Supervisor) R3 was observed with facial hair; long, overgrown, thickened toenails and very long fingernails. R3 stated I don't want my fingernails to be this long, I want them clipped but I need help. My toenails hurt. I am not getting my showers. I also want my toenails to be trimmed. Brief Interview for Mental Status (BIMS) dated 7/14/2020 score was 15/15 which indicate patient is not cognitively impaired. Review of medical records show that the last time toenails of R3 were trimmed by the podiatrist was on 11/25/2019. Facility did not provide any shower sheets for R3. 4. On 10/2/2020 at 11:45 AM, during rounds with V4 (Licensed Practical Nurse) R4 was observed with long, overgrown, thickened toenails. R4 stated My toenails hurt. I am not getting my showers. I don't know when the last time my toenails were trimmed. Brief Interview for Mental Status (BIMS) dated 8/19/20 score was 15/15 which indicate patient is not cognitively impaired. Review of medical records show that the last time toenails of R4 were trimmed by the podiatrist was on 2/10/2020. 5. On 10/2/2020 at 11:50 AM, during rounds with V2 (Nurse Supervisor) R5 was observed with facial hair; dry and scaly feet; long, overgrown, thickened toenails. R5 stated I haven't had a shower since I got transferred from 4th floor. I think it's been 2 months from my last shower. I would really love to get a shower. Yes, my toenails need to be trimmed. I think the podiatrist used to come once a month but not anymore Brief Interview for Mental Status (BIMS) dated 7/7/2020 score was 12/15 which indicate mild cognitive impairment. Review of medical records show that the last time toenails of R5 were trimmed by the podiatrist was on 1/27/2020. Record review indicate that the last time the podiatrist was in the facility was on 2/20/2020. On 10/2/2020 at 2:30 PM V3 (Facility Podiatrist) stated I am scheduled to go there this Monday. I received a fax in the facility letting me know not to come in, this was way back in March and so I was waiting for the clearance to come in. They just sent me a fax a couple of weeks ago regarding their policy for me to come back- testing weekly, etc., etc. Each facility is very different, some facilities opened up earlier than others. I closed our office permanently right now. I told them that if it's an emergency, like an infection, they can send the resident to the ER and I can see that patient in the ER. Especially for diabetics, their nail should be inspected and trimmed at least monthly but I can only do what I am told because they were not allowing me to enter the building until this this Monday. On 10/2/2020 at 2:00 PM V1, Director of Nursing (DON) stated Podiatrists are considered essential workers and should be admitted into the building. I don't know why the podiatrist wasn't allowed to come into the building because I wasn't there at that time but he is scheduled to be here on Monday and I will make sure R2, R3, R4 and R5 will be		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER  
REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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